

Advice and guidance for men who have experienced sexual abuse/violence.

Our services enable those suffering to cope with the effects of sexual abuse. Our services include:

- Information regarding stigma and traumatization.
- Tips and methods for dealing with sleep disorder, loss of concentration, endless mind loops and overwhelming emotions including anger, aggressiveness, grief and guilt.

Our services are uncomplicated, and can also be mobile. Our counselling services are available no matter your resident status, health insurance, nationality or sexual orientation. We offer free advice - confidential and anonymous.

You can contact us by telephone or email:

(030) 236 33 978

anfrage@mut-traumhilfe.de

Our office and Counseling Center can be found at: Leinestraße 49, 12049 Berlin-Neukölln